Mark West Union School District Lunch Menu







Monday	Tuesday	Wednesday	Thursday	Friday
			Cheeseburger Sliders Tortellini Alfredo Cuban Pork Club Fresh Garden Bar Orange Smiles Milk Bean Salad	Chicken Corn Dog Yogurt Muffin Meal Surfs Up Tuna Sandwich Fresh Garden Bar Applesauce Milk Cookie
5	6	7	8	9
LIL Bites Refried Beans Italian Pocket Bagel & Cream Cheese Fresh Garden Bar Fruit Juice Milk	Hamburger Veggie Chili Cheese Nachos Chicken Caesar Wrap Fresh Garden Bar Apple Milk Tortilla Chips	Piazza Pepperoni Pizza Sweet & Sour Tofu Zesty Meatball Sub Fresh Garden Bar Banana Milk Cookie	Sun Butter Bagel Crasins Fruitable Juice Sun Seeds Milk	Bodega Bay Fish Sandwich Tamale Pie Chicken Bahn Mi Fresh Garden Bar Grapes Milk
12	13	14	15	16
Vegetarian Sloppy Joe Yummy Yogurt with Grahams Cheesy Melt Sandwich Fresh Garden Bar Fruit Juice Milk Cookie	Chicken Burrito Bowl Chicken Burger Cheesy Caesar Wrap Fresh Garden Bar Orange Smiles Milk	Ardellas Cheese Pizza Teriyaki Chicken & Rice Pastrami Swiss Sandwich Fresh Garden Bar Banana Milk Cheez-it	Spaghetti & Meat Sauce Cheese Quesadilla Turkey Bacon Club Fresh Garden Bar Applesauce Milk	Chicken & Smashed Potato Bread Sticks & Sauce California Chicken Salad Fresh Garden Bar Peach Milk Bean Salad Cookie
19	20	21	22	23
Cheese Enchiladas Refried Beans Veggie Burger Sunbutter & Jelly Sandwich Fresh Garden Bar Fruit Juice Milk String Cheese	Millers Beef Hot Dog Grilled Cheese Twisted Turkey Wrap Fresh Garden Bar Apple Milk Cookie	Piazza Pepperoni Pizza Egg Roll & Edamame Rice Toasted Ham & Cheese Sandwich Fresh Garden Bar Banana Milk Rice Krispies Treat	Chicken Nugget & Potato Mac & Cheese Cuban Pork Club Fresh Garden Bar Pear Milk Cinnamon Graham	Chicken Chili Corn Muffin Yogurt Muffin Meal Surfs Up Tuna Sandwich Fresh Garden Bar Peach Milk
26	27	28	29	30
Ravioli Marinara Twisted Cheese Breadstick Italian Pocket Bagel & Cream Cheese Fresh Garden Bar Fruit Juice Milk	Beef Soft Taco Veggie Chili Cheese Nachos Tortilla Chips Chicken Caesar Wrap Fresh Garden Bar Apple Milk	Ardellas Cheese Pizza Teriyaki Beef & Broccoli Pastrami Swiss Sandwich Fresh Garden Bar Banana Milk Cookie	Cajun Chicken Alfredo Bean & Cheese Burrito Ham & Cheese Club Fresh Garden Bar Kiwi Milk	Chicken Tenders & Potato Whole Wheat Roll Bean Salad Tamale Pie Chicken Bahn Mi Fresh Garden Bar Applesauce Milk



